

Understanding Team Differences

Know Yourself, Know Your Colleagues... Excel Together

Insights for Excellence

This interactive and engaging workshop will enable your team to understand:

- How they like to communicate and solve problems
- Understand their strengths
- Gain a fresh perspective on how others see them
- Appreciate differences in others
- Positive ideas for working with different people
- Ideas for personal development



The Understanding Team Differences programme uses the highly respected Myers Briggs Type Indicator® (MBTI®) to provide a framework for those wishing to improve their personal effectiveness and understand how to enhance their working relationships.

Offering a powerful, yet simple, personality type assessment and interactive workshop the programme provides insight into the personal differences that drive behaviour, influence motivation and define you and your colleagues as individuals. It explores **how people work when they are at their best** and how different people communicate, make decisions and interact with each other.

Equipped with this insight, you can explore your individual strengths and understand any potential blindspots that could be restricting or limiting your performance. This self-awareness is a great starting point, but how about taking it a step further?

Understanding what makes your colleagues different allows you to really be the best that you are and also get the best from them.

That understanding really allows you to **unleash your potential and achieve excellence** in your performance together.

"Strength lies in differences,
not in similarities"

Stephen R Covey

What to Expect

Each participant initially completes an online assessment which takes approximately 20-30 minutes.

A one day group workshop is then delivered for up to a total of 12 participants. The workshop is highly interactive and experiential helping participants learn about the differences in personality types and how to harness their own strengths and those of their colleagues.

By the end of the workshop, each participant will have gained insight into their strengths and an awareness of how others may view them. They will also understand how people with different personality styles work, communicate and interact in a way that may be different to them.

At the end of the workshop each participant will receive:

- a personalised report that details their MBTI® profile
- an interactive workbook to use during and after the workshop
- an 'Introduction to Type' book providing additional reference material



About Me

Unlocking the performance in your people is the single most impactful thing you can do for your business. Their potential is enormous and an early and often small shift in performance can create outstanding results.

My business is about helping you unlock that performance

Whether it's one-to-one coaching, developing leaders, or building strong and cohesive teams, I help drive and inspire incremental value from what you already have.

While the economy remains challenging, achieving more with the same has never been so important.

Working with sales leaders and teams in the technology industry I help them explore their own potential to be the

exceptional individuals they already are.

More Solutions Available:

- Executive Coaching
- Discovering You
- 360° Insights
- Manager as Coach
- New Manager Programme
- Influential Leadership
- Winning Through Team Dynamics



Discover More...

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